

The logo consists of three overlapping squares: a red one at the top left, a grey one at the top right, and a blue one at the bottom left. The text 'La Tour GENÈVE TRIATHLON' is positioned to the right of these squares.

La Tour GENÈVE TRIATHLON

RULES AND REGULATIONS

LA TOUR GENEVA TRIATHLON 2019

Article 1 – Organisation

The 30th edition of the La Tour Geneva Triathlon will take place on the 13th and 14th of July 2019, and will be organised by the Association du Triathlon International de Genève (Vy-Marguerite 1 – CH- 1291 Commugny, Suisse), in partnership with OC Sport.

Article 2 – Races on the schedule

Several races will take place during the event:

Saturday, July 13th 2019:

- Standard: 1.5km Swim, 40km bike and 10km run
(Open to all licensed and non-licensed triathletes aged 18 and over the day of the race)
- Discovery: 250m swim, 8.5km bike and 2.5km run
(Open to all licensed and non-licensed triathletes aged 14 and over the day of the race)
- Short: 500m swim, 17km bike and 5km run
(Open to all licensed and non-licensed triathletes aged 16 and over the day of the race)

Sunday, July 15th 2018

- Half-Distance: 1.9km Swim, 90km bike and 21.1km run
(Open to all licensed and non-licensed triathletes aged 18 and over the day of the race)
- Kidsathlon: 50m swim and 500m run
(Open to all licensed and non-licensed triathletes aged between 6 and 9 on the day of the competition)
- Ecoliers race 10 – 11 years old: 100m swim and 1km run
(Open to all licensed and non-licensed triathletes aged 10 and 11 on the day of the competition)
- Ecoliers race 12 – 13 years old: 200m swim and 1.5km run
(Open to all licensed and non-licensed triathletes aged 12 and 13 on the day of the competition)

Relay with 2 or 3 participants

On all race formats except the Junior and Kidsathlon formats, participants are allowed to race with 2 or 3 participants. Each participant will have to transmit in transitional zones the transponder which will collect the time of each participant according to his discipline. To enter transition zones, each participant will have to go to an official referee to formalise his return to the transition zone. Indeed, the referee will check that the participant has his bib and bib number apparent and that the latter is in compliance in the use of his racing equipment.

Article 3 – Courses

The courses of the various races taking place during the triathlon are measured in compliance with the relevant applicable standards.

All Races will start at the Bains des Pâquis and finish Quai du Mont-Blanc.

The courses for the various races are available here:

<https://www.latourgenevetriathlon.ch/>

The organisation reserves the right to modify the schedule and/or courses up until the day before the event.

Article 4 – Race eligibility

- The Kidsathlon is open to all licensed and unlicensed triathletes born between the 1st of January 2010 and 31st of December 2013.
- The Ecoliers 10-11 race is open to all licensed and unlicensed triathletes born between the 1st of January 2008 and 31st of December 2009.
- The Ecoliers 12-13 race is open to all licensed and unlicensed triathletes born between the 1st of January 2006 and 31st of December 2007.
- The Discovery format is open to all licensed and unlicensed triathletes born before the 31st of December 2005.
- The Short race is open to all licensed and unlicensed triathletes born before the 31st of December 2003.
- The Standard race is open to all licensed and unlicensed triathletes born before the 31st of December 2001.
- The Half-distance race is open to all licensed and unlicensed triathletes born before the 31st of December 2001.

All persons who sign up to a race during the triathlon should take part when in good health and having trained appropriately for the event. Thus, it is highly recommended that each participant has a medical check-up with their doctor before taking to the start line.

Participants are registered to the races in the order in which payments are received. The organisation reserves the right to set a maximum number of participants in any given race, once this number is reached no more registrations will be taken for that given race or races.

All registrations are taken online at <https://www.latourgenevetriathlon.ch/>

Article 5 - Rules per discipline

Swimming: All swimming strokes are accepted. Athletes must wear the swimming cap provided by the race organisation. Wetsuits are mandatory for water temperatures below 15.9 degrees C and are prohibited in water temperatures above 24 degrees C.

Cycling: All types of bike are accepted except E-bike and fixies (bikes without brakes).

A helmet must be worn at all times by all athletes in possession of a bike, including while in the transition area. All athletes must be on their bike, apart from during the transition process.

Drafting (the practice of one cyclist riding close enough behind another rider to benefit from their slipstream) is strictly forbidden.

Definition: ride closely behind another rider to make maximum use of their slipstream, reducing wind resistance and effort required to ride at the same speed.

Article 6 – Results

Your official time for your race will be the time elapsed between the start of your race and your passing over the finish line. Ranking for each race will be established as a function of these times. Ranking by age category will also be established. Participants are also reminded that control measures will be in place during the event to ensure every race takes place in fair conditions.

Podiums and Rewards

A list made up of the first 50 finishers at the scratch ranking will be accessible to all on the Triathlon Race Village. Will be rewarded all people that reach the first three places on each race. These people will participate in the official reward ceremony just after the race.

The first three people on each category will also receive a gift from the organisation at the Information Point located in the Triathlon Race Village.

All rewarded people will be advised by text regarding the place, and the moment the ceremony will begin according to their performance.

After that, all results will be accessible to all on the official website:

<https://www.latourgenevetriathlon.ch/>

Article 7 – Age categories

6 to 9 years old	Kidsathlon M6-9/F6-9
10 to 11 years old	Junior M10-11/F10-11
12 à 13 years old	Junior M12-13/F12-13
14 to 17 years old	Age category M14-17/F14-17
18 to 34 years old	Age category M18-34/F18-34
35 to 44 years old	Age category M35-44/F35-44
45 to 54 years old	Age category M45-54/F45-54
55 to 64 years old	Age category M55-64/F55-64
65 years old and more	Age category M65+/F65+

You are part of the category with the age you will be during the year of the race. For example, if the athlete was born in 2001, he will belong to the category 18 to 34 years old as he/she will be 18 during 2019.

Article 8 – Registration

All registration is personal and final. No reimbursement will be available, regardless of the extenuating circumstances. In the case of a participating not taking part in the event, no refund is possible, and no transfer of the registration will be permitted.

Article 9 – Doping

Swiss Olympic has authority over all matters regarding doping. Tests could be administered. Participants can visit www.antidoping.ch for more information regarding doping.

Article 10 – Bib pick up

Bibs can be picked up at the following times:

- Friday, July 12th 2019 from 4 pm to 7 pm at the triathlon Race Village
- Saturday, July 13th 2019 from 6.30am to 6 pm at the triathlon Race Village
- Sunday, July 14th 2019 from 5.30am to 9.00am at the triathlon Race Village

Bibs will only be handed over upon presentation of proof of identity and the bib withdrawal coupon provided by the organisation. Bib withdrawal coupons will be sent out to participants as of the 1st of July 2019, exclusively via e-mail to the address used by the participant in the registration form. For relay teams, one team member will have to collect the envelope containing the timing chip, swim cap and bibs. No bibs will be sent via post.

Article 11 – Time Limit

Time limits are different for each race:

- Discovery distance: 1h30

Participants will not be allowed to start a new loop of the bike course if they have not done so **before 45 minutes of racing** counting from the start of the swim. Participants who have not yet started their final loop of the bike course by this point will however still be allowed to do the run section of the race without finishing the bike portion of the race.

All participants who do not cover the entire distance of the race, however, will not be ranked in the results as they will be disqualified from the standings.

- Short distance: 2h15

Participants will not be allowed to start a new loop of the bike course if they have not done so **before 1 hour and 15 minutes of racing** counting from the start of the swim. Participants who have not yet started their final loop of the bike course by this point will however still be allowed to do the run section of the race without finishing the bike portion of the race.

All participants who do not cover the entire distance of the race, however, will not be ranked in the results as they will be disqualified from the standings.

- Standard distance: 4h30

Participants will not be allowed to start a new loop of the bike course if they have not done so **before 2 hours and 45 minutes of racing** counting from the start of the swim. Participants who have not yet started their final loop of the bike course by this point will however still be allowed to do the run section of the race without finishing the bike portion of the race.

All participants who do not cover the entire distance of the race, however, will not be ranked in the results as they will be disqualified from the standings.

- Half-distance: 8h00

Participants will not be allowed to start a new loop of the bike course if they have not done so **before 3 hours and 45 minutes of racing** counting from the start of the swim. Participants who have not yet started their final loop of the bike course by this point will however still be allowed to do the run section of the race without finishing the bike portion of the race.

All participants who do not cover the entire distance of the race, however, will not be ranked in the results as they will be disqualified from the standings.

- Kidsathlon: 15 minutes
- Junior (ages 10-11 and 12-13) distances: 25 minutes

Article 12 – Timing system

A professional timing company will be responsible for timing the event. All participants will have a timing chip (on an ankle bracelet – it must not be modified, defaced or cut) that will be used to time their race. This chip interacts with an electronic system on the start line and finish line, as well as on several timing mats throughout the race. Thus any participant who doesn't take the right course will not be ranked.

Article 13 - Race bib and transponder (timing chip)

Athletes must pick up their bib before the race and wear it in such a way as to ensure it is visible to the race officials throughout the race.

Throughout the three disciplines, athletes must wear their bib number or risk disqualification by race referees.

During the swimming leg, the bib number must be written on the athlete's arm.

While cycling, the bib number must be fastened to the lower back, as well as being displayed on the sticker attached to the bike seat post.

While running, Athletes must wear the bib number on their front.

A transponder (timing chip that must be attached to your ankle) will be provided in your race pack. You must wear it throughout the race at risk of being disqualified and not receiving an official race time.

WARNING! In case of loss of the transponder, the athlete will be charged 50CHF

Article 14 - Insurances

Personal Accident - The organising committee recommends that all participants who don't have private insurance covering physical injury, especially non-licensed participants, should sign up for private accident insurance.

Material Damage – The organising committee declines all responsibility for any damage to, or theft of personal belongings even if they are under our care. The organisation cannot be liable for any damage to or theft of participants' equipment. Each participant will require personal insurance to cover damage to or theft of personal goods.

Article 15 – Environmental Sustainability

Participants are asked to respect the environment before, during and after the race by using the bins and recycling facilities provided.

Article 16 – Image Rights

By signing up for the event, each entrant expressly allows the La Tour Geneva Triathlon (or subsequent organisers) to use, reproduce or have reproduced his name, image, voice and sports performance through the race for any direct use or as a derivative of the race and this, in any material, in the world, by any means known or unknown to date, and for the duration of protection currently granted for such use direct or derived by the law or regulations, judicial decisions and/or arbitration of any country and by current or future international agreements, including any extensions that may be made at this time.

Article 17 – Data protection

In line with the federal law on data protection from June 19th 1992, you have the right to access and rectify any personal data you provide.

Article 18 – Traffic on the racecourse

All bikes, motorised modes of transport and modes of transportation on wheels, as well as strollers and pets are prohibited on the racetrack. It excludes all vehicles driven by members of the organisation.

Article 19 – Abandonment

Any participant seeking to abandon has to present himself or herself to a member of the organisation to hand over their bib and timing chip.

Article 20 – Cancellation of the event

If the race has to be cancelled for reasons beyond the organising committee's control (including extreme weather) no refund of sign up fees will be available, and no indemnities will be paid.

Article 21 – Communications from the organiser

The participant agrees to receive newsletters and other communications from the organiser relating to other sports events the organiser manages.

Participation in the La Tour Geneva Triathlon implies the acceptance of all articles in the above race regulation.